

LGBTQT+ SUPPORT (LESBIAN, GAY, BISEXUAL, TRANS, TWO-SPIRIT, QUEER & QUESTIONING):

- FAMILY SERVICES (LGBTQT+ & Around the Rainbow):
www.familyservicesottawa.org/ AND 613-725-3601 ext. 105
- CHEO'S GENDER DIVERSITY CLINIC: www.cheo.on.ca/en/genderidentity
AND 1-613-737-7600 ext: 3844
- CENTERTOWN COMMUNITY HEALTH CENTRE (Mental Health Counseling Program for LGBTQT+ youth ages 12-25): 613-233-4443 ext. 2109
- PINK TRIANGLE: www.ptsottawa.org/ AND 613-536-4818
- PFLAG (Support for Parents of LGBTQT youth):
www.pflagcanada.ca/ AND 1-888-530-6777

BULLYING is a form of abuse at the hands of peers that can take different forms at different ages. It is TARGETED and REPEATED. It involves POWER, aggression, intimidation and shame. (*PREVnet*)